

“MY GLORY DAYS”

Choreographer: Silvia Denise Staiti **Music:** Sunny Cowgirls – Lookin’ out my backdoor

Description: 64 counts, 2 wall, 2 restart - intermediate line dance (catalan style)

SEC- 1: STEP, SCUFF, STEP, SCUFF, STEP, SCUFF, STEP, SCUFF

- 1 -2 step right forward – scuff left
- 3 -4 ¼ turn left step left – scuff right
- 5 -6 ¼ turn left step right – scuff left
- 7 -8 ¼ turn left step left – scuff right

SEC- 2: SWIVET: POINT, HEEL, POINT, STOMP, KICK, STOMP, FLICK, STOMP

- 1 -2 point right out to the right – heel out to the right
- 3 -4 point right out to the right – stomp left next to right
- 5 -6 kick right forward – stomp right
- 7 -8 flick right – ½ turn right stomping right forward

SEC- 3: SWIVET: STOMP, SWIVET:POINT, HEEL, HOLD, KICK, STOMP, FLICK, STOMP

- 1 -2 stomp left next to right – point out to the left
- 3 -4 heel left out to the left – hold
- 5 -6 kick right forward – stomp right
- 7 -8 flick right – stomp right

SEC- 4: MONTEREY ½ TURN RIGHT, ROCK BACK, STOMP, STOMP

- 1 -2 touch point right to side – ½ turn right stepping right beside to left
- 3 -4 touch point left out to the left – left in place
- 5 -6 rock right back (jumping) – recover on left
- 7 -8 stomp right forward – stomp left forward

SEC- 5: POINT TOUCH, POINT TOUCH, ROCKING CHAIR FORWARD RIGHT

- 1 -2 touch point right – step right in place
- 3 -4 touch point left – step left in place
- 5 -6 rock right forward – recover on left
- 7 -8 rock right back – recover on left

SEC- 6: FLICK, SLAP, FLICK, SLAP, FLICK, SLAP, ROCK BACK, STOMP UP

- 1 -2 flick right slapping heel with left hand – recover on right
- 3 -4 flick left slapping heel with right hand – recover on left
- 5 -6 flick right slapping heel with left hand – rock back right (jumping)
- 7 -8 recover on left – stomp up right forward (weight on left)

SEC- 7: ROCK IN CHAIR, STEP PIVOT, ½ TURN KICK, KICK AND CROSS

- 1 -2 rock right forward – recover on left
- 3 -4 rock right back – recover on left
- 5 -6 step right forward – ½ turn left kickin’ left (h.6)
- 7 -8 ¼ turn left kick right forward (h.3) – ¼ turn crossing right over left (h. 12)

SEC- 8: TWISTER KICK

- 1 -2 kick right forward – ¼ turn kicking left forward (h.9)
- 3 -4 cross left over right – ¼ turn kicking left forward (h.6)
- 5 -6 kick right forward – stomp right forward
- 7 -8 stomp left forward – hold

TAG (at the beginning of 8 wall)

- 1 -2 touch point right – back in place
- 3 -4 touch point left – back in place
- 5 -6 touch point right – back in place
- 7 -8 touch point left – back in place

RESTARTs

- DURING 6 WALL RESTART THE DANCE AFTER SECTION 3
- DURING 7 WALL RESTART THE DANCE AFTER SECTION 4