

Two step

Choreographer Ferandi Giuseppe

Type : West coast swing - 32 Counts - 4 wall – clockwise - 1 restart - 3 tag
Level : Newcomer / novice
Music : “Two step” by Laura Bell Bundy ft. Colt Ford (101 BPM)

Sequence: A - A - Tag 1 – A – Tag 2 – A – Tag 3 – A 24 counts – Restart A – A - A

SECT: 1

Step – step – scissor step – scissor step – heel touch fwd – ¼ turn step side

1 RF step forward
2 LF step forward
3 RF step side
& LF step beside right
4 RF step cross over
5 LF step side
& RF step beside left
6 LF step cross over
7 RF heel touch fwd
8 RF ¼ turn right step side (3.00)

SECT: 2

Kick ball touch side – kick ball touch side – heel touch fwd - point back – ¼ turn left – knee pop

9 LF kick fwd
& LF step on place
10 RF toe touch side
11 RF kick fwd
& RF step on place
12 LF toe touch side
13 LF heel touch fwd
14 LF point toe back
15 ¼ turn left step (12.00)
& Lift both heels by folding both knees fwd,
16 Carry it down

SECT. 3

Heel switches – rock fwd – sailor step – ¼ turn sailor step

17 RF heel touch fwd
& RF step beside
18 LF heel touch fwd
& LF step beside
19 RF step fwd
20 LF recover weight
21 RF step behind LF
& LF step to the left
22 RF step right slightly fwd
23 LF turn ¼ left step behind RF (9.00)
& RF step to the right
24 LF step left slightly fwd

To the fifth wall, restart

SECT. 4

Mambo step – lock shuffle – toe touch side – toe cross behind - ½ turn – clap

x2
25 RF step fwd
& LF load the weight
26 RF step backward
27 LF step back
& RF step back cross over
28 LF step back
29 RF touch right toe to the side
30 RF point toe behind
31 turn ½ right step on place (3.00)
& clap hands
32 clap hands

RESTART

To the fifth wall after 24 counts

TAG 1 (8 counts)

at end of second wall

Step cross – full turn

1 – 8 RF step cross in front of the left
and full turn left
(weight on left)

TAG 2 (4 counts)

At the end of the third wall

Step turn bouncing

1 RF step cross over left
& Lift both heels by folding both knees
fwd,
2 ¼ turn left, Carry it down
& Lift both heels by folding both knees
fwd,
3 ¼ turn left, Carry it down
& Lift both heels by folding both knees
fwd,
4 Carry it down

TAG 3 (32 counts)

At the end of the fourth wall

SECT. 1

Step slide – step step (x2)

1 RF big step side
2 LF slide beside
3 RF big step side
& LF step beside
4 RF step cross
5 LF big step side
6 RF slide beside
7 LF big step side
& RF step beside
8 LF step cross

SECT. 2

Charleston – step turn

9 RF step fwd
10 LF kick fwd
11 LF step backward
12 RF touch toe back
13 RF step fwd
14 ½ turn left
15 RF step fwd
16 ½ turn left

Repeat Section 1 e 2