

Hey day Tonight (Contra dance)

Choreographed by Séverine Fillion

Description: 32 count, 1 wall, beginner line/contra dance

Musica : **Hey day Tonight** by Aaron Watson [124 bpm]
Start dancing on lyrics

STOMP RIGHT FORWARD, BOUNCE, STOMP LEFT FORWARD, BOUNCE

1 Stomp right forward

2-3-4 Bounce right heel 3 times

5 Stomp left forward

6-7-8 Bounce left heel 3 times

Option: replace this 8 first counts by applejacks

HEEL SWITCHES, CLAP, CLAP, HEEL SWITCHES, CLAP CLAP

1&2 Touch right heel forward, step right together, touch left heel forward, step left together

3&4 Touch right heel forward, clap, clap, step right together

5&6 Touch left heel forward, step left together, touch right heel forward, step right together

7&8 Touch left heel forward, clap, clap, step left together

SHUFFLE FORWARD RIGHT & LEFT, STEP ½ TURN, STOMP, STOMP

1&2 Chassé forward right-left-right

3&4 Chassé forward left-right-left

Both lines cross themselves on shuffle

5-6 Step right forward, turn ½ left (weight to left) (6:00)

7-8 Stomp right together, stomp left together

SHUFFLE FORWARD RIGHT & LEFT, STEP ½ TURN, STOMP, STOMP

1&2 Chassé forward right-left-right

3&4 Chassé forward left-right-left

Both lines cross themselves on shuffle

5-6 Step right forward, turn ½ left (weight to left) (12:00)

7-8 Stomp right together, stomp left together

REPEAT