

Rock from the sun

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Type : E.C.S. 56 count – 4 wall – 2 restart

Level : Intermediate

Music : “Third rock from the sun” by Joe Diffie (152 bpm)

SECT.1 Shuffle side – rock back

1 RF - Step to right side
& LF - step beside right
2 RF - step to right side
3 LF - step back
4 RF – recover weight
5 LF - Step to left side
& RF – step beside left
6 LF - step to left side
7 RF - Step back
8 LF – recover weight

SECT. 2 Shuffle fwd – rock – coaster step – step turn

1 RF – step forward
& LF – step beside right
2 RF – step forward
3 LF – step forward
4 RF – recover weight
5 LF – step back
& RF – step beside left
6 LF – step forward
7 RF – step forward
8 ½ turn left recover weight on LF (6.00)

SECT. 3 Kick ball cross (x4)

1 RF - kick
& RF - step on place
2 LF – cross over right
3 RF - kick
& RF - step on place
4 LF – cross over right
5 RF - kick
& RF - step on place
6 LF – cross over right
7 RF - kick
& RF - step on place
8 LF – cross over right

SECT. 4 Rock side – shuffle cross – rock side – shuffle cross

1 RF - step to right side
2 LF – recover weight
3 RF - Step over left
& LF - step side
4 RF - step over left
5 LF – step to left side
6 RF – recover weight
7 LF – step over right
& RF – step side
8 LF – step over right

SECT. 5 Mambo step – coaster step – step turn – pivot

1 RF – step forward
& LF – recover weight
2 RF – step back
3 LF – step back
& RF – step beside left
4 LF – step forward
5 RF – step forward
6 ½ turn left recover weight (12.00)
7 RF - ½ turn left and step right back
8 LF - ½ turn left and step left fwd (12.00)

SECT. 6 Rock – ½ turn shuffle right – rock fwd – coaster step

1 RF – step forward
2 LF – recover weight
3 RF - ½ turn right and step fwd
& LF - step beside right
4 RF – step forward (6.00)
5 LF – step forward
6 RF – recover weight
7 LF – step back
& RF – step beside left
8 LF – step forward

SECT.7 ¼ turn step – stomp – rolling wine

1 RF - ¼ turn right & step fwd (9.00)
2 LF – stomp beside right
3 LF – step side
4 RF – stomp beside left
5 RF - ¼ turn right and step fwd
6 LF - ½ turn left step back
7 RF - ¼ turn right step side
8 LF - stomp beside right (weight on left) (9.00)

Restart 1 - at end of wall 3 (sez. 7) after 54 count

Sect. 7 ¼ step turn – ¼ turn step side – ¾ turn step back

1 RF – ¼ turn right step fwd (9.00)
2 LF – stomp beside right
3 LF – Step side
4 RF – stomp beside left
5 RF – ¼ turn right step fwd
6 LF – step back ¾ turn right (9.00)

Restart

Restart 2 - wall 6 after 40 count

SECT. 5 Mambo step – coaster step – step turn – stomp - hold

1 RF – step forward
& LF – recover weight
2 RF – step back
3 LF - step back
& RF – step beside left
4 LF – step forward
5 RF – step forward
6 ½ turn left recover weight (12.00)
7 RF - stomp beside left foot
8 hold

Restart