

Me and Jack

Choreographer: Giuseppe Ferandi

Type : Polka – 48 Counts, 4 Wall, 1tag, 2 restart
Level : Intermediate
Music : “Me and Jack” by Jon Pardi (107 BPM)

SECT. 1

Heel rock – sailor step – heel rock – sailor step

1 RF step fwd (on heel)
& LF recover weight
2 RF step fwd diagonally right (on heel)
& LF recover weight
3 RF step behind
& LF step side
4 RF step side slightly fwd
5 LF step fwd (on heel)
& RF recover weight
6 LF step fwd diagonally left (on heel)
& RF recover weight
7 LF step behind
& RF step side
8 LF step side slightly fwd

SECT. 2

Side touch, beside – kick, step fwd – left side rock, step fwd – mambo step – sailor step ¼ turn left

9 RF side touch
& RF touch next LF
10 RF kick fwd
& RF step fwd
11 LF step side
& RF recover weight
12 LF step fwd
13 RF step fwd
& LF recover weight
14 RF step back
15 LF step behind ¼ turn left (9.00)
& RF step side
16 LF step side slightly fwd

SECT: 3

Step, step – mambo step – full turn – ½ turn left shuffle fwd

17 RF step fwd
18 LF step fwd
19 RF step fwd
& LF recover weight
20 RF step back
21 LF ½ turn left step fwd (3.00)
22 RF ½ turn left step back (9.00)
23 LF ½ turn left step fwd (3.00)
& RF step next LF
24 LF step fwd

SECT. 4

Step turn – ½ turn left, right shuffle back – left shuffle back – ½ turn right step fwd – stomp left

25 RF step fwd
26 ½ turn left (9.00)
27 RF ½ turn left, step back (3.00)
& LF step next RF
28 RF step back
29 LF step back
& RF step next LF
30 LF step back
31 RF ½ turn right step fwd (9.00)
32 LF stomp next RF

SECT. 5

Swivell – coaster step – rockin' chair

- 33 Weight on right toe and left heel and swivel left
& Return to the center
- 34 Weight on right toe and left heel and swivel left
& Return to the center
- 35 LF step back
& RF step next LF
- 36 LF step fwd
- 37 RF step fwd on heel
& LF recover weight
- 38 RF step back
& LF recover weight
- 39 RF step fwd on heel
& LF recover weight
- 40 RF step back
& LF recover weight

SECT. 6

Hill jack – step fwd, heel bounce ¼ turn left – left sailor step ¼ turn left

- 41 RF step cross over
& LF step side
- 42 RF heel touch diagonally
& RF recover weight
- 43 LF step cross over
& RF step side
- 44 LF heel touch diagonally
& LF recover weight
- 45 RF step fwd
- 46 ¼ turn left heel bounce (6.00)
- 47 LF ¼ turn left, step behind (3.00)
& RF step side
- 48 LF step side slightly fwd

TAG – At end of wall 2 and wall 7

Step turn – step turn

- 1 RF step fwd
- 2 ½ turn left
- 3 RF step fwd
- 4 ½ turn left

RESTART:

At 5 wall after 32 counts

At 6 wall after 32 counts